

Starters

Antipasti (for two to share) **£8.95**

A selection of continental meats, stuffed vine leaves, sun-dried tomato, shavings of parmesan cheese, a balsamic dip & a freshly baked bread roll

Prawn Cocktail **£5.25**

with a home-made cocktail sauce and brown bread

Stuffed Mushrooms **£4.25**

with either Brie and bacon

or Stilton cheese (V)

Pâté **£3.95**

served with a red onion chutney, salad garnish and a crusty roll

Home-made Soup of the Day * **£3.50**

served with a warm bread roll

Garlic Mushrooms **£3.50**

served with a home-made garlic sauce and garlic bread (V)

Salt & Pepper Squid **£4.50**

with a salad garnish

(V) Vegetarian

If you have a food allergy or intolerance, please let your server know before ordering. Thank you.

The Aberglais Inn

Cliff and Gaynor extend a very warm, friendly welcome to one and all

We offer additional choices to our menu. Please check our Evening Specials Board or ask your server.

Steaks

All our prime Welsh beef steaks, as supplied by Paddy Sweeney, Quality Family Butcher of Brecon, are gluten-free.

14 - 16 oz T Bone steak **£19.95**

8 - 9 oz Fillet steak **£19.25**

10 - 12 oz Rib-Eye steak **£17.25**

10 - 12 oz Sirloin steak **£16.25**

(uncooked weight)

Our steaks are cooked to your requirements, served with mushrooms, tomatoes & onion rings, with a choice of:

hand-cut chips, fries, baby potatoes, sautéed potatoes, mash or a jacket potato (sweet potato fries £1 supplement)

Why not complement your steak with one of our home-made sauces for **£1.95**:

Peppercorn with brandy

Beef dripping

Garlic

Penderyn Welsh Whisky

Fish

Hake Goujons **£9.50**

in a home-made batter with either garden or mushy peas

Whole-tail Scampi **£8.50**

All are served with a choice of: hand-cut chips, fries, baby potatoes, sautéed potatoes, mash or jacket potato (sweet potato fries £1 supplement)

Curries

Home-made Chicken Jalfrezi **£9.95**

Chicken Tikka **£9.95**

Beef Curry **£9.95**

Our curries are served with a naan bread and a choice of: hand-cut chips, wedges, a jacket potato, rice or half 'n half (sweet potato fries £1 supplement)

Traditional Mains

Aberglais Stack **£10.95**

(approx. 8 oz burger) topped with bacon, cheese and onion with onion rings, gherkin and coleslaw

Lamb Shank * **£10.95**

in a mint-infused sauce

12 - 14 oz Gammon * **£10.45**

(uncooked weight) with egg or pineapple (or both for an extra 50p)

Home-made Steak **£9.95**

& Guinness Pie

Locally sourced Welsh beef, slow cooked in mushrooms and onions, fortified by Arthur Guinness' finest stout

Beef Stroganoff **£9.95**

Tender British beef, mushrooms and onions, cooked in a home-made cream, mustard and brandy sauce

Chicken breast **£9.95**

in a Penderyn Welsh Whisky sauce

A delightfully creamy black peppercorn sauce combined with the Gold Medal, award winning, single malt whisky from the only distillery in Wales

Chicken breast **£9.95**

in a home-made ham, cheese & leek sauce

Tender chicken in a delicious sauce

Chicken New Yorker **£9.95**

Chicken breast served with bacon, cheese and a BBQ sauce

All are served with a choice of either: hand-cut chips, fries, baby potatoes, mash, a jacket potato, rice or half 'n half (sweet potato fries £1 supplement)



Find us on
Facebook



01685 377344



aberglais.com



aberglais@outlook.com

Please post
a review



Booking is not essential but is advisable

* Gluten-free options available

Please see your server *

Vegetarian/Vegan

Vegetarian Burger * £9.75

In a Brioche bun, with red pepper & cheese, served with onion rings, gherkin and coleslaw

(A **Vegan** option is available on request)

Red Thai Vegetable Curry £9.75

A selection of vegetables in an authentic style sauce with coconut, red peppers, chilli and Thai basil

Vegan

Chickpea, Sweet Potato & Spinach Curry £9.75

in a coconut sauce with spices & garlic

Vegan

Broccoli and Cheese Bake £9.75

in a home-made cheese sauce

Roast Vegetable Lasagne £9.75

Pasta with layers of vegetables including red and green peppers, tomato, courgettes, cauliflower, carrots and mushrooms

All the above are served with a choice of:

hand-cut chips, fries, baby potatoes, sautéed potatoes, mash, a jacket potato, rice or half 'n half

(sweet potato fries £1 supplement)

Pasta / Rice

Penne or Tagliatelle pasta £8.25

*in one of our home-made sauces:
Choose from.....*

- garlic mushrooms (V)
- Mediterranean (V) (V) Vegetarian
- cheese and leek (V)
- ham, cheese and leek

Asparagus £8.25

& Broad Bean Risotto (V)
served with garlic bread

Chicken with Penne £9.95

or Tagliatelle pasta
*Tender pieces of chicken breast
in one of our home-made sauces*

Chicken, Asparagus £9.95

& Broad Bean Risotto
served with garlic bread

Beef Lasagne Verdi £9.95

*in a béchamel sauce
with a choice of potatoes*

Salads

Ploughman's Ham & Cheese £8.50

*Locally-sourced ham
and Welsh Colliers' cheese
plus 2 other varieties of cheese*

Cheese Ploughman's £7.50

Chicken £8.00

Prawn £8.50

Sides

Chips, fries or wedges £2.00

Sweet potato fries £3.00

Sautéed mushrooms £2.50

Cauliflower cheese £3.25

Onion rings £2.50

Mixed vegetables £2.25

Garlic bread £2.25

Cheesy garlic bread £2.75

Salad bowl £2.25

Children's Menu

£3.95

A choice of either:

- fish fingers, chicken nuggets, sausage, ham or egg
- with chips, fries, mash or smiley faces
- and peas, baked beans or salad

Desserts

White Chocolate & Raspberry Box £4.50

Chocolate Brownie Ice-Cream Slice £4.25

Fruit-filled pancake £4.25

Hot chocolate fudge cake £4.00

Sticky toffee pudding £4.00

Home-made Lemon Cheesecake £4.00

Apple crumble £4.00

Chocolate & Orange Truffle Torte £4.00

Vegan

Chocolate & Coconut Torte £4.00

Vegan

*All the above served with cream,
custard or ice cream*

Cheeseboard £5.45

*Brie, Stilton & extra strong Cheddar
with grapes and a selection of biscuits*

Ice-cream

*Choose from strawberry, chocolate, vanilla
or our guest flavour*

*Please ask your server for details of our
guest flavour*

Small £2.00 **Large** £3.00

If you have a food allergy or intolerance, please let your server know before ordering. Thank you