

## Starters

<b>Antipasti</b> (for two to share)	£8.75
<i>A selection of continental meats, stuffed vine leaves, sun-dried tomato, shavings of Parmesan cheese, a balsamic dip &amp; a freshly baked bread roll</i>	
<b>Prawn Cocktail</b>	£4.95
<i>with a home-made cocktail sauce and brown bread</i>	
<b>Stuffed Mushrooms</b>	£4.00
<i>with either Brie and bacon or Stilton cheese (V)</i>	
<b>Pâté</b>	£3.95
<i>served with a red onion chutney, salad garnish and a crusty roll</i>	
<b>Home-made Soup of the Day *</b>	£3.50
<i>served with a warm bread roll</i>	
<b>Garlic Mushrooms</b>	£3.25
<i>served with a home-made garlic sauce and garlic bread (V)</i>	

Vegetarian (V)

If you have a food allergy or intolerance, please inform a member of staff. Thank you

# The Aberglais Inn

*Cliff and Gaynor extend a very warm, friendly welcome to one and all*

We offer additional choices to our menu. Please check our Evening Specials Board or ask your server.

## Steaks

All our prime Welsh beef steaks, as supplied by Paddy Sweeney, Quality Family Butcher of Brecon, are gluten-free

<b>16 oz T Bone steak</b>	£19.95
<b>8/9 oz Fillet steak</b>	£18.95
<b>10 - 12 oz Rib-Eye steak</b>	£16.95
<b>10 - 12 oz Sirloin steak</b>	£15.95

*Our steaks are cooked to your requirements, served with mushrooms, tomatoes and onion rings, with a choice of: hand-cut chips, fries, baby potatoes, sautéed potatoes, mash or a jacket potato*

Why not complement your steak with one of our home-made sauces for £1.95:

**Peppercorn with brandy**  
**Beef dripping**  
**Garlic**  
**Penderyn Welsh Whisky**

## Fish

**Hake Goujons** £9.25  
*in a home-made batter with either garden or mushy peas*

**Whole-tail Scampi** £8.25

*All are served with a choice of: hand-cut chips, fries, baby potatoes, sautéed potatoes, mash or a jacket potato*

## Curries

**Home-made Chicken Jalfrezi** £9.50

**Chicken Tikka** £9.50

**Beef Curry** £9.50

*Our curries are served with a naan bread and a choice of hand-cut chips, wedges, a jacket potato, rice or half and half*

## Traditional Mains

**Aberglais Stack** £10.45  
*(approx. 8 oz burger) topped with bacon, cheese and onion with onion rings, gherkin and coleslaw*

**Lamb Shank \*** £10.50  
*in a mint-infused sauce*

**12-14 oz Gammon \*** £9.75  
*(uncooked weight) with egg or pineapple (or both for an extra 50p)*

**Home-made Steak & Guinness Pie** £9.50  
*Locally sourced Welsh beef, slow cooked in mushrooms and onions, fortified by Arthur Guinness' finest stout*

**Chicken breast in a home-made ham, cheese & leek sauce** £9.50  
*Tender chicken in a delicious sauce*

**Roast Chicken breast in a Penderyn Welsh Whisky sauce** £9.50  
*A delightfully creamy black peppercorn sauce combined with the Gold Medal award winning single malt whisky from the only distillery in Wales*

**Beef Stroganoff** £9.50  
*Tender British beef, mushrooms and onions, cooked in a home-made cream, mustard and brandy sauce*

**Chicken New Yorker** £9.50  
*Chicken breast served with bacon, cheese and a BBQ sauce*

*All are served with a choice of either : hand-cut chips, fries, baby potatoes, mash, a jacket potato, rice or half 'n half*



Find us on Facebook



01685 377344



aberglais.com



aberglais@outlook.com

Please post a review



Booking is not essential but is advisable

\* Gluten-free options available Please see your server \*

## Vegetarian /Vegan

**Vegetarian Burger \*** £9.50

*In a Brioche bun, with red pepper & cheese, served with onion rings, gherkin and coleslaw*

(A **Vegan** option is available on request)

**Red Thai Vegetable Curry** £9.50

*A selection of vegetables in an authentic style sauce with coconut, red peppers, chilli and Thai basil **Vegan***

**Chickpea, Sweet Potato & Spinach Curry** £9.50

*in a coconut sauce with spices and garlic **Vegan***

**Broccoli and Cheese Bake** £9.50

*in a home-made cheese sauce*

**Roast Vegetable Lasagne** £9.50

*All the above are served with a choice of: hand-cut chips, fries, baby potatoes, sautéed potatoes, mash, a jacket potato, rice or half 'n half*

## Pasta / Rice

**Penne or Tagliatelle pasta** £7.75

*in one of our home-made sauces: Choose from.....*

*garlic mushroom (V)*

*Mediterranean (V)*

*cheese and leek (V)*

*ham, cheese and leek*

### Vegetarian (V)

**Asparagus** £7.75

**& Broad Bean Risotto (V)**  
*served with garlic bread*

**Chicken with Penne** £9.75

**or Tagliatelle pasta**  
*Tender pieces of chicken breast in one of our home-made sauces*

**Chicken, Asparagus** £9.75

**& Broad Bean Risotto**  
*served with garlic bread*

**Beef Lasagne Verdi** £9.50

*in a Béchamel sauce with a choice of potatoes*

## Salads

**Ploughman's Ham & Cheese** £8.00

*Locally-sourced ham and Welsh Colliers' cheese plus 2 other varieties of cheese*

**Cheese Ploughman's** £7.00

**Chicken** £7.50

**Prawn** £8.00

## Sides

**Chips, fries or wedges** £2.00

**Sautéed mushrooms** £2.25

**Cauliflower cheese** £3.00

**Onion rings** £2.25

**Mixed vegetables** £2.00

**Garlic bread** £2.00

**Cheesy garlic bread** £2.50

**Salad bowl** £2.00

## Children's Menu

£3.50

A choice of either:

- fish fingers, chicken nuggets
- sausage, ham or egg
- with chips, fries, mash
- or smiley faces
- and peas, baked beans or salad

## Desserts

**White Chocolate & Raspberry Box** £4.50

**Chocolate Brownie Ice-Cream Slice** £3.95

**Apple tart** £3.50

**Fruit-filled pancake** £3.75

**Hot chocolate fudge cake** £3.50

**Sticky toffee pudding** £3.50

**Home-made Lemon Cheesecake** £3.75

**Apple crumble** £3.50

**Chocolate & Orange** £3.50

**Truffle Torte **Vegan****

**Chocolate & Coconut Torte **Vegan**** £3.50

*All the above are served with cream, custard or ice cream*

**Cheeseboard** £4.95

*Brie, Stilton & extra strong Cheddar with grapes and a selection of biscuits*

### Ice-cream

*Choose from strawberry, chocolate, vanilla or our guest flavour*

*Please ask your server for details of our guest flavour*

**Small** £2.00      **Large** £3.00