

Starters

Antipasti (for two to share) £8.50
A selection of continental meats, stuffed vine leaves, sun-dried tomato, shavings of Parmesan cheese, a balsamic dip & a freshly baked bread roll

Prawn Cocktail £4.75
with a home-made cocktail sauce and brown bread

Stuffed Mushrooms £4.00
with either Brie and bacon or Stilton cheese (V)

Pâté £3.75
served with a red onion chutney, salad garnish and a crusty roll

Home-made Soup of the Day * £3.50
served with a warm bread roll

Garlic Mushrooms £3.00
served with a home-made garlic sauce and garlic bread (V)

Vegetarian (V)

*** Gluten-free options available***
Please see your server

If you have a food allergy or intolerance, please inform a member of staff. Thank you

The Aberglais Inn

Cliff and Gaynor extend a very warm, friendly welcome to one and all

We offer additional choices to our menu. Please check our Evening Specials Board or ask your server.

Steaks

All our steaks are gluten-free and locally-sourced using prime Welsh beef, supplied by Paddy Sweeney, Quality Family Butcher of Brecon

16 oz T Bone steak £19.95

8/9 oz Fillet steak £18.95

10 - 12 oz Rib-Eye steak £16.95

10 - 12 oz Sirloin steak £15.95

Our steaks are cooked to your requirements, served with mushrooms, tomatoes and onion rings, with a choice of: hand-cut chips, fries, baby potatoes, sautéed potatoes, mash or a jacket potato

Why not complement your steak with one of our home-made sauces for £1.95:

Peppercorn with brandy

Garlic

Penderyn Welsh Whisky

Fish

Home-made Fish Pie £8.95
Cod, salmon, smoked haddock and prawns in a creamy leek sauce, topped with mashed potato and breadcrumbs, with a side of your choice

Hake Goujons £8.95
in a home-made batter with either garden or mushy peas

Scampi and chips £7.50

All are served with a choice of hand-cut chips, fries, baby potatoes, sautéed potatoes, mash or a jacket potato

Curries

Home-made Chicken Jalfrezi £9.25

Chicken Tikka £9.25

Beef Curry £9.25

Our curries are served with a naan bread and a choice of hand-cut chips, wedges, a jacket potato, rice or half and half

Traditional Mains

Aberglais Stack £10.45
(approx. 8 oz burger) topped with bacon, cheese and onion with onion rings, gherkin and coleslaw

Lamb Shank * £10.25
in a mint-infused sauce with bubble and squeak or chips

12-14 oz Gammon * £9.75
(uncooked weight) with egg or pineapple (or both for an extra 50p)

Home-made Steak & Guinness Pie £9.25
Locally sourced Welsh beef, slow cooked in mushrooms and onions, fortified by Arthur Guinness' finest stout

Roast Chicken breast £9.25
in a home-made ham, cheese & leek sauce

Roast Chicken breast in a Penderyn Welsh Whisky sauce £9.25
A delightfully creamy black peppercorn sauce combined with the Gold Medal award winning single malt whisky from the only distillery in Wales

Beef Stroganoff £9.25
Tender British beef, mushrooms and onions, cooked in a home-made cream, mustard and brandy sauce

Chicken New Yorker £9.25
Chicken breast served with bacon, cheese and a BBQ sauce

All are served with a choice of either hand-cut chips, fries, baby potatoes, mash, a jacket potato, rice or half and half



Please post a review



Booking is not essential but is advisable

Vegetarian /Vegan

Vegetarian Burger (V) * £9.25
In a Brioche bun, with red pepper & cheese, served with onion rings, gherkin and coleslaw (A vegan option is available on request)

Red Thai Vegetable Curry (V)(V) £9.25 A
A selection of vegetables in an authentic style sauce with coconut, red peppers, chilli and Thai basil

Chickpea, Sweet Potato & Spinach Curry (V) (V) £9.25
in a coconut sauce with spices and garlic

Broccoli and Cheese Bake (V) £9.25
in a home-made cheese sauce

Roast Vegetable Lasagne (V) £9.25

All the above are served with a choice of: hand-cut chips, fries, baby potatoes, sautéed potatoes, mash, a jacket potato, rice or half and half

Vegetarian (V) Vegan (V)

*** Gluten-free options available***
Please see your server

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Pasta / Rice

Penne or Tagliatelle pasta £7.50
in one of our home-made sauces: Choose from.....

garlic mushroom (V)

or Mediterranean tomato (V)

or ham, cheese and leek

Add a chicken breast for an extra £2.00

Asparagus & Broad Bean Risotto (V) £7.50
served with garlic bread

Add a chicken breast for an extra £2.00

Beef Lasagne Verdi £9.25
in a Béchamel sauce with a choice of potatoes

Salads

Ploughman's Ham & Cheese £7.25
Locally-sourced ham and Welsh Colliers' cheese plus 2 other varieties of cheese

Prawn £7.25

Chicken £7.25

Vegetarian (V)

Sides

Chips, fries or wedges £2.00

Sautéed mushrooms £2.00

Cauliflower cheese £2.50

Onion rings £2.00

Mixed vegetables £2.00

Garlic bread £1.50

Cheesy garlic bread £2.00

Salad bowl £1.50

Children's Menu

£3.50

A choice of either:

- chicken nuggets
- beefburger
- fish fingers or scampi
- sausage or ham
- with chips, fries, mash
- or smiley faces
- and peas, baked beans or salad

Desserts

White Chocolate & Raspberry Box £4.25

Chocolate Brownie Ice-Cream Slice £3.95

Apple tart £3.50

Fruit-filled pancake £3.50

Hot chocolate fudge cake £3.50

Sticky toffee pudding £3.50

Home-made Lemon Cheesecake £3.50

Apple crumble £3.50

All the above served with cream, custard or ice cream

Cheeseboard £4.95

Brie, Stilton & extra strong Cheddar with grapes and a selection of biscuits

A choice of luxury ice-creams
served with a whip of cream

Choose from strawberry, chocolate, vanilla or our guest flavour

Please ask your server for details of our guest flavour

Small £2.00 **Large** £3.00